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TIPS FOR MY INTERNATIONAL INTERNSHIP PROJECT



01 Working on my project

I need to plan ahead and have someone to guide me

 [Where to start?](#)

 [Office hours at the Career guidance and integration center](#)

02 Plan my budget

[Assess the cost of living in the country where the internship will take place and available funding options](#)



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03 Find my internship



[Offers, Networks, and Opportunities](#)



I check with my department or [the Career guidance and integration centers](#)

04 Take a look at the regulations



[Key points to know](#)



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05 Have insurance coverage and feel safe



[Liability insurance](#)
[Health insurance](#)
[Workers' compensation](#)



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06 My safety

[Be aware of high-risk areas and complete the Student Departure Declaration \(DDEE\).](#)



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07 My internship agreement



[Watch the tutorials and read the tips on how to write it](#)



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08 Signing my internship agreement



[Certified electronic signatures can be offered in my department](#)



I get in touch with my department advisors

09 Experiencing my internship

Follow the instructions and rules

Check in regularly with my tutors



I get in touch with my [department advisors](#)

10 Making the Most of My Internship

Don't forget:
Internship completion certificate
Internship evaluation
Letter of recommendation
Skills developed and acquired



[Office hours of our Career guidance and integration center](#)

